



CHICAGO & VICINITY LABORERS' DISTRICT COUNCIL RETIREE HEALTH & WELFARE PLAN

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Important Notice of New Member Assistance Program under Retiree Plans 1, 2, 3, and 4

February 2021

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Dear Retiree:

The Board of Trustees of the Chicago & Vicinity Laborers' District Council Retiree Health & Welfare Plan (the "Retiree Plan") is pleased to introduce a new benefit – a **Member Assistance Program (MAP)**, effective for eligible claims incurred on or after February 1, 2021, under Retiree Plans 1, 2, 3, and 4.

The Trustees have selected ComPsych to provide, through the MAP, trained specialists to talk to and consult with 24 hours a day, 7 days a week about behavioral health issues, substance disorders and other serious life problems. These trained specialists can assist you and your eligible dependents with:

- Relationship and marital conflicts
- Job pressures
- Stress, anxiety and depression
- Grief, loss and life adjustments
- Substance abuse
- Financial or legal concerns
- Elder care information and referral
- Child care information and referral
- And other types of personal problems you may be experiencing

All conversations are confidential and retirees and their eligible dependents are eligible for up to five visits at no additional charge per issue per person and with no cost sharing (not subject to deductible, copayment or coinsurance). To get started, call (833) 475-0992 or TTY (800) 697-0353 to get connected with a ComPsych MAP specialist, who will answer your questions and, if needed, refer you to a counselor or other resources. If a counselor determines that an issue cannot be addressed in the five sessions provided at no additional charge, or if a more intensive level of care is required, the counselor will work with you to locate a provider that is in-network for Retiree Plan 1, 2, 3, or 4, as applicable – as long as the care is covered under the behavioral health and substance abuse provisions of Retiree Plan 1, 2, 3, or 4, as applicable.

You may also take advantage of the many online resources and interactive behavioral health tools provided in the MAP, such as articles, podcasts,

EMPLOYER PARTICIPANTS –

Builders' Association, Employing Plasterers' Association, Underground Contractors' Association, Mason Contractors' Association, Concrete Contractors' Association, Wrecking Contractors, Concrete Products Employers, Lake County Illinois Employers, Illinois Road Builders Association, Bridge and Highway Structural Builders; i.e. all those who employ Laborers Engaged in the Building and Construction Industry.

videos, slideshows, and on-demand trainings. Register online at **guidancersources.com**. Your Web ID is CVLDC.

Questions?

If you have questions about your benefits, please contact the Fund Office at (708) 562-0200 or (866) 906-0200, from 8:00 am to 5:00 pm, Monday through Friday.

Final Note

Please share this Notice with your family members who are eligible for coverage and keep it with your SPD and other benefits information for easy reference. Capitalized terms used but not defined in this Notice have the meaning as set forth in the SPD.

Sincerely,

Board of Trustees

SUMMARY OF MATERIAL MODIFICATIONS
EIN: 46-5243652 Plan No.: 501
FEBRUARY 2021